

# Torre Colombaia

## 1. introduction

La ferme d'environ 160 hectares est située dans les environs de Pérouse, capitale de l'Ombrie. L'environnement de Torre Colombaia est l'un des derniers exemples de "ranco", un grand bois séculaire appartenant depuis des siècles aux frères bénédictins qui ont protégé les cultures des vents violents. En 1987, la ferme traditionnelle s'est convertie à l'agriculture biologique pour suivre un sentiment écologique du propriétaire Alfredo Fasola Bologna, un diplômé en sciences politiques avec une expérience professionnelle antérieure dans le syndicat. Une ferme a été restaurée pour développer l'agritourisme, comprenant également un restaurant proposant des recettes traditionnelles à base d'ingrédients biologiques. Des activités agricoles didactiques sont également proposées aux écoles et aux écotouristes et sont basées sur l'agriculture biologique et l'apprentissage de la biodiversité par la marche dans les champs, les bois et l'étang, l'observation des paysages naturels, des fleurs et de la faune protégée.

## 2. PROFIL DE PROMOTEUR



**Prénom**

Alfredo

**Nom de famille**

Fasola Bologna

**Année de naissance**

1941

**Le genre**

mâle

**Éducation**

University degree

**3. PROFIL DE LA FERME**



**Address**

Voc. Cerreto, 52 San Biagio della valle. 06072 Marsciano (Pg)

**Pays**

Italie

**Secteur agricole dans hectar**

160.00

**Date de création de la ferme**

1987

**Date depuis quand le promoteur est propriétaire / loue la ferme**

jeu 01/01/1987 - 12:00

NUMBER OF WORKERS	FAMILY MEMBERS	EXTERNAL WORKERS
<b>Full time</b>	3	2
<b>Part time</b>	5	0

**Description de la ferme**

The farm consists of 160 ha, 100 ha wood and 60 cultivations. The secular wood surrounds the cultivations as a protection against wind, one of the very few existing examples of this Benedictine wood management. The cultivation planning was based on rotation principles, by producing spelt, old kinds of wheat and sunflower, lentils, and other leguminous plants. Sheep were held grazing to increase the natural fertilizaty of the soil. The farm was the first certificated "organic" farm in Umbria in 1987. It produces cereals (wheat, millet, barley and spelt), legumes (broad bean, lentils, chickpeas), alfalfa, sunflower, and flax. Farm organic food products from crops are sunflower oil, flax oil, flour directly processed, and pasta processed by a specialized factory. Torre Colombaia was also one of the first agritourism in Umbria, with accommodation including 26 beds and 2 rooms for group activities, located in 19th century houses - previously hunting cottages. The lodges have been restored sticking to the essentials and transformed into apartments forming a small village in the woods at the farm entrance. Not far away there is a farmhouse dating back to 1700's, restored with maintaining the local architectural characteristics. At the ground floor, there is a large restaurant room where all organic dishes are served and which also offers vegetarian and vegan cuisine mainly obtained from own company products.

**Site Web et des liens de réseaux sociaux**

[www.torrecolombaia.it](http://www.torrecolombaia.it)

**4. Multifonctionnelle / agriculture durable et des paysages agricoles européens (EAL)**

**Multifunctional & sustainable farming Key Words**

Biodiversity

Social farming

Direct sales

Quality/Organic/Certified production

Renewable energies

Tourism and recreation related to EAL

**Texte libre**

Organic agriculture and historical rural landscape are the keywords for this family farm, particularly engaged to maintain and valorize an historical landscape with a secular wood, Community Interest Site, surrounding the cultivations. Since 1987 the converting conventional farming to organic agriculture was taking part with the main idea to produce healthy and genuine food, not just as raw materials, but also processing by using at farm small size machineries and completing some processes such as i.e. from flour to pasta in certificated organic plants. A further idea was to develop organic farming not just as traditional food, but also innovating with specific focus on healthy and nutraceutical products. The first experience started with sunflower oil by cold extraction and on the same wave the flax oil extremely rich in balanced content of omega-3 and omega-6. In the last year, a network of nine organic producers was established with the purpose of providing the consumers with a large range of organic food offer. A specific interest is focused on old varieties of cereals and legumes with an ongoing experimentation in collaboration with academic and research centres. The products are sold in a farm shop and shipped to organic food retailers and joint purchasing groups in Italy and exported abroad. Farm multifunctional activities have been developed based on organic agritourism with 26 beds and meals served in a restored traditional farmhouse, didactic farm focused on learning and sharing farmer's life, and natural paths in the farm secular wood with guided tours for bird and flora watching. Vegetarian and vegan cuisine courses as well as yoga sessions are provided at the farm. Photovoltaic panels provide renewable energy to the whole farm, agritourism, and processing machineries. A new project started recently, named Widespread Natural Museum, originated by a collection of pictures taken in the surrounding landscapes with the aim to gather documents representing the historical and cultural values of the territory.

### **Conseils / Recommendation**

Organic farming, sustainable production, and environmental protection are different faces of the same strategic farm vision. Consumers are to be made aware how important can be genuine healthy food, biodiversity protection, heritage recipes, natural landscapes, and the use of renewable energy sources. Even using funds from the Rural Development Plan measures has been ecologically oriented according to the principle that farmers can play a fundamental role for the rural communities and whole society by providing genuine food and reducing the foot print impact of farming at the same time. This overall commitment is reflected in the attention paid to the rural landscape and its preservation, as an important asset of the natural capital that is the heritage transferred from the past to the future generations and the icon of beauty and sustainable food production.

## **5. CONSIDERATIONS, compétences / compétences impliquées et requêtes / questions.**

### **Considérations générales**

Training has its starting point from a holistic approach to the soil use and management not just based on technical issues related to organic production and food processing. In this way the people involved in farming, food processing, and non-food farm management are all first

of all trained to be a part of the farm vision and mission. Awareness to work within a Community Interest Site add a plus to the overall engagement requested by organic farming methods. As a consequence of this vision focused on the local rural values, combining historical heritage, cultural landscapes, genuine healthy food products and use of renewable energy sources, training and competences include a large range of on farm professional specialists (agronomist, farm workers, food technologist, business manager, restaurant chef) and some other outsourcing competences (environmentalists, sociologists, group animators, eco-tourism guides, web designers, communication managers, etc.). The farm staff participate on training courses to update and deepen some specific competences and give courses to schools and small groups. Some recent projects on old varieties of cereals and legumes collect organic farms under the label "Contado perugino" and the Widespread Natural Museum have contributed to increase the farm staff training needs.

<b>Strengths</b>	<b>Weaknesses</b>
<ul style="list-style-type: none"> <li>• Ferme traditionnellreconnue sur le marché comme étant l'une des premières fermes biologiques certifiées</li> <li>• Située dans une ferme traditionnelle entourée de bois séculaires</li> <li>• Ferme multifonctionnelle intégrée à faible encombrement reliant l'agriculture biologique et durable à l'utilisation d'énergies renouvelables</li> </ul>	<ul style="list-style-type: none"> <li>• Coûts élevés en raison des méthodes de production biologique et de la petite échelle de production</li> <li>• Difficultés à trouver des travailleurs saisonniers compétents en agriculture biologique</li> </ul>
<b>Opportunities</b>	<b>Threats</b>
<ul style="list-style-type: none"> <li>• Demande croissante de produits biologiques sur le marché</li> <li>• Réseautage avec d'autres producteurs biologiques</li> <li>• Élargissement de l'écotourisme comme option pour les écoles</li> <li>• Accroissement de la gastronomie et du tourisme de la bonne chère</li> </ul>	<ul style="list-style-type: none"> <li>• Concurrence sur le marché des pays producteurs biologiques émergents à faible coût, souvent de qualité médiocre</li> <li>• La concurrence d'un grand nombre de détaillants ne fournissant souvent pas d'informations sur l'origine des produits</li> </ul>

## Mots-clés

### EAL Keywords

Protected area

Rural area  
Wooded grassland

### **Farming Key words**

Field crops  
Horticulture  
Legumes  
Processing

### **Main Training/Skills/Competences**

The company knowledge is based on organic farming, healthy food, and traditional rural landscape preservation. Main company activities are organic cultivation of cereals, legumes to make flour, pasta and dry legumes, and seeds to make nutraceutical oils (sunflower and flax oils) with related marketing, commercialization, and shipping of farm products. Organic agritourism accommodation and restaurant are provided as well as didactic courses for schools and small groups. Recent projects have increased the range of staff competences and training needs. The company has a complete range of internal competences, agronomist, farm, farm mill and seed oil mill workers, business manager, and competences in outsourcing (cereal processing to make pasta and business administration). The farm owner shares also the participation to a joint group of local organic producers to enlarge their organic food offer to customers.

### **Multifunctional & sustainable farming Key Words**

Biodiversity  
Social farming  
Direct sales  
Quality/Organic/Certified production  
Renewable energies  
Tourism and recreation related to EAL

### **Requêtes / Questions**

- Do you think that such a holistic approach based on organic and healthy food and landscape preservation can be viable for a farming enterprise and even add value to the farming activity? Do you think that this approach could be replicable in your context?
- Are you aware of the possibilities offered by the Rural Development Plan funds for organic farming and traditional heritage? If not, did you consider asking for consults (e.g.: to a Farmers Association) in order to be informed about taking an advantage of the available RDP aids?

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